PRINCIPAL’S MESSAGE

Social Media
I just wanted to make you aware that our teachers have had a few reports about inappropriate messages being relayed on Instagram, Snapchat etc. Our teachers have spoken to the grades concerned but it is important that we keep you all informed so you can speak to your children about appropriate use of social media and what to do if they are harassed or bullied in this manner.

Public Speaking
Our school public speaking finals were held today. Mrs Moore our adjudicator was very impressed with the quality of the speeches she heard and the confidence of the speakers. Congratulations to all place getters. These students have progressed to the Regional Finals and will receive a note detailing this event which will be held 12th & 13th August at Singleton Heights Public School.

Kindergarten: Alexis D., Grace G.
Stage 1: Ziggy T. Eden H.
Stage 2: Luke D., Lillian D.
Stage 3: Delta H., Lizzy D.

Smart Science Show
Last week all students had the opportunity to participate in the Smart Science show sponsored by Coal and Allied. Elizabeth Yeo from Coal and Allied took the time to ring me last week to say the manners and behaviour of our students was the best she had seen while travelling around the Upper Hunter, she was very impressed – well done girls and boys!

Zone Athletics
Mrs Pennell & Mrs Henry accompanied our students to this event and reported that it was a very successful carnival. Congratulations to Lawson, Malaki, Summer and Ella for making it through to the Regional Carnival that will be held at Glendale on 28th August.

Education Week
Education Week was celebrated last week with a ceremony held last Thursday afternoon at Scone High School. Our dance group entertained the audience with a wonderful performance. Congratulations to our award recipients:
Ashlee Keating and Daniel Ramage – outstanding leadership in the implementation of Focus on Reading at Aberdeen Public School.
Warren Keep – outstanding commitment to maintaining and beautifying the grounds at Aberdeen Public School.
Toni Partridge - sustained commitment to the Aberdeen Public School P & C.
Monique D. – enthusiastically embracing all aspects of school life, independently completing all her tasks and her preparedness to help others.

Michelle Floyd - Principal
PRINCIPAL’S AWARDS

Week 4 Term 3
K Yellow  Ella W. – fantastic presentation of her speech.
K Lime   Grace G. – a terrific job presenting her public speaking.
1 Blue   Rylee K. - for his continued commitment to learning.
2 Purple  Hayden R. - constant hard work in all learning areas.
2/3 Red  Hayley M. – excellent effort during Tens activities.
3/4 Magenta  Kate S. - striving for excellence in reading and comprehension.
4/5 Green  Laura K. – showing an excellent attitude towards learning.
5 Orange  Cody T. - settling in well to his new class and showing an excellent work ethic.
5/6 Black  Hunter McG. – outstanding work ethic in all class subjects.

Merit Awards
K Yellow  Eden H.
K Lime   Ethan N.
1 Blue   Ava R.
2 Purple  Chloe C.
2/3 Red  Tyson T.
3/4 Magenta  Tyson C.
4/5 Green  Brody K.
5 Orange  Lizzy D.
5/6 Black  Shantelle B.

Kids Matter Awards
K Yellow  Lucas D.    Happiness
K Lime   Rei I.   Happiness
1 Blue   Kieran O.    Respect
2 Purple  Georgia M.    Confidence
2/3 Red  Camden O.    Success
3/4 Magenta  Ryan P.    Honesty
4/5 Green  Toby G.    Persistence
5 Orange  Ben J.   Honesty
5/6 Black  Takira W-G.    Responsibility

Merit Badge
Liam D.
Jae D.

Bronze Bar
Jae D.

CANTEEN NEWS:

Wednesday 5th August
Fiona Walton-Gilbert
Melissa Newton

Friday 7th August
Toni Partridge
Kelly Maher

Monday 10th August
Nat Hall
Amy Hall

P & C NEWS

Walkathon is on THIS FRIDAY. Please remember to bring in your walkathon forms to have the number of laps recorded on them. $20 gift card for the student in each class who raises the most money and the class that raises the most money as a whole will win a special lunch. So keep getting those sponsors.

POWER FM BREAKFAST

Power FM are bringing breakfast to our School! Nix and Sebba from the Power FM Brekky Show will broadcast live from our school on THIS Thursday the 6th August thanks to the Power FM Schools Brekky! Breakfast is provided by The Power FM crew and is available from 7am-8.30am. Come along for a ton of laughter and fun!

Café Mobilita will also be there on the morning selling coffees for the mums and dads who are encouraged to come along.

We are looking for volunteers to help serve Breakfast on the day!

Early Birds Kinder 2016 Orientation Program

Our Kindergarten Early Birds Orientation Program to assist children with a smooth transition to big school starts on Wednesday 9th September from 12pm – 3pm and the Parent Information Session is from 2pm – 3pm.

The Program will run over nine weeks from 12.00 noon – 3.00 pm as follows:

• Wednesday 9th September
• Wednesday 16th September
• Wednesday 7th October
• Wednesday 14th October
• Wednesday 21st October
• Wednesday 28th October
• Wednesday 4th November
• Wednesday 11th November
• Wednesday 18th November

If you wish to enrol your child in Kindergarten for 2016 please contact the school on 6543 7271 or complete and return the slip below.

2016 KINDERGARTEN ENROLMENTS

Kindergarten enrolments are now being taken by Aberdeen Public School for 2016. If your child will be five by 31 July 2016 and you wish to enrol at Aberdeen Public School, please return slip below or contact the office on 6543 7271.

Kindergarten Enrolment 2016:
Child’s Name: ______________________________
Date of Birth: ______________________________
Parents Names: ______________________________
Address: ______________________________
Phone No: ______________________________

COMMUNICATION BY EMAIL
If you would like your newsletter and other important information emailed to you please supply your email address to the school.
Name: ______________________________
Student Name: __________________ Class: ______________
Email address: ______________________________
WOOLWORTHS EARN & LEARN 2015

Dear Parents,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 15th July to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we’ll be able to get some great new equipment. If you’d like to know more visit woolworths.com.au/earnandlearn

Class News

K Yellow

We have a very busy week this week. Our Public Speaking Finals were today and I would like to congratulate Eden, Abbergail and Alexis for presenting their speeches in the school finals. I would also like to congratulate every student that presented their speech in class. Everyone did a fantastic job and I was very proud of them all.

Thursday is the Power FM breakfast, please come along and join in the fun before school begins. Friday we have the school walkathon, I hope everyone has been busy getting sponsors. Please start thinking about your child’s book parade outfit, this will be held in week 7 and students are asked to dress up as a character out of a book. Just a reminder Homework books are to be completed Monday, Tuesday, Wednesday and Thursday night, and then returned to school Friday. Please continue with reading home readers each school night, it is a great way for students to practice their reading skills. Thank you.

K Lime

Congratulations to all the students who presented their speeches in class. I was very impressed with the confidence the students showed. Public Speaking is a great skill to develop and all students did very well. Congratulations to Emity, Grace and Ethan N who were selected to represent our class as finalist. Grace was awarded second place and will now go to the next stage of the Public speaking competition at Singleton.

Don’t forget the Power FM breakfast this Thursday morning, starting at 7:30am on the top oval. All welcome.

Friday is our walkathon so please continue to raise money for our P&C. Parents are welcome to join us from Lunch onwards.

If you have any concerns or questions regarding homework please feel free to ask.

1 Blue

In Literacy we are learning about informative texts and using adjectives to describe animals. We are also practising the ‘th’ sound this week in spelling as we learn to recognise it in a variety of situations.

In Numeracy we are learning to count by 10’s both on and off the decade e.g. 10, 20, 30, 40, 50 etc and 4, 14, 24, 34, 44, 54 etc…

Congratulations to everyone who participated in the Public Speaking program. Well done to all finalists that competed today.

This week is very busy as we have the Power FM breakfast Thursday morning starting at 7:30am and the P&C Walkathon on Friday.

Housekeeping

Library is on Tuesday this term. For homework this term we are using homework grids with our new homework books. If you wish to cover your child’s homework book please feel free.

Maths Game: Double Snap

You will need a deck of cards from 1-9 (ace acting as 1). Divide the cards amongst the players evenly. Snap the cards that are the same numbers and call out the answer. For example, you snap two 3’s and call out 6.
2 Purple
The past two weeks have seen 2 purple producing some fantastic descriptions in their writing and working really hard with their numeracy. The week coming will see us working on book reviews and more hard work in areas of math. Public speaking was a success in the classroom where we heard speeches of all topics possible, and every student performed exceptionally well. I was most impressed. Congratulations to Ziggy and Austin for performing in front of the school; a job very well done. Last week the ‘Mad Food Science Show’ was thoroughly enjoyed, with all students talking about it all afternoon. This week we have just as many exciting things happening. Thursday 98.1 Power FM will be broadcasting live from school and I know some students have done some fantastic colouring in for the competition, another fun filled afternoon with the SJA ‘Sports Fun Program’, Zumba on Friday, and finishing the week with a Walkathon. I hope the donations are still coming in. Congratulations also to 2 Purple for winning the Class prize last week. Let’s keep our beautiful behaviour up.

2/3 Red
I would like to congratulate everyone in 2/3Red for their efforts in preparing and delivering their speeches. Public speaking is very challenging, however, everyone rose to the challenge and all students should be proud of their efforts. The Great Aussie Bush Camp is now only a few weeks away so please ensure all money has been paid. In addition it is essential all notes related to the excursion have been returned.

3/4 Magenta
It is a busy week! Firstly, a big, warm welcome to our 2 new students - Maci and Cameron, and congratulations to our public speaking finalist who got up on stage today! It was a difficult decision regarding who to put through as there were so many well rehearsed and researched class speeches. Home readers went home today. Please monitor students reading by listening to short stories and asking comprehension questions for longer texts before signing the record sheet. There are great prizes for regular reading and the students are excited to get started tonight! The Power FM Breakfast is on this Thursday at 7.30am. Come in and join the activities. The walkathon is on this Friday. Will our class get enough sponsors to win the class lunch? You have a couple more days before we get lapping, so round up a few more generous people. The Great Aussie Bush Camp is only 2 weeks away and final payments are due this week! Please get your payments in by Friday. Also student conduct/ medical/ dietary/ permission notes went out last week and need to be returned ASAP so we can get everything sorted, there is a lot to organise so prompt return would be really appreciated. If you need another copy of these notes they are available at the office. Thanks, Renee Jones

4/5 Green
Final Bush Camp payments are due this Friday. Please return all the notes for Bush Camp ASAP, they were due last Friday. Teachers must have these notes to send to the camp! We are enjoying reading “Old Ridley” and making predictions about the story.

5 Orange
Well done to our public speaking finalists Lizzy Douglass and Ethan Perrott. Best of luck today at our school finals. Great effort to all the students in our assembly item “The 100 word challenge of the 200 Metre Men's Final”. These word challenges are used to help promote precise and descriptive language. As they get down on their hands and knees ready to start. The crowd goes silent, the races are as still as a statue. The starter says set, bang! Goes the gun Yohan Blake off to a great start but look at Usain Bolt flying Through the pack his legs are pounding, as they get to the first corner Yohan Blake is accelerating but so is Usain Bolt. They are going extremely fast with 50m to go, look at Usain Bolt. He will win, beating his fellow Jamaican, Yohan Blake. But look at them hugging each other; gold, silver and bronze to Jamaica. By Callum D.

5/6 Black
We will be FINALLY performing our “Dancin on the Ceiling” performance at this week’s assembly. Students will be coming home with costume organisation this afternoon. Thank you to those students who have been completing their homework each night. What a great way to get ready for the rigours of high school. For those who are yet to establish good homework habits, there is not much time left to do so. Well done to our public speakers. It takes great confidence to speak in front of your peers and the whole of 5/6 have done a wonderful job with their presentations. Don’t forget the Power FM Breakfast on Thursday. 7:30am is the start time -- don’t be late! This year’s book week theme is “Books Light Up Our World”. What character will you be dressing up as? Students in 5/6 will also be required to bring/borrow the book that their character is from. The parade will be held in Week 7.

FORTHCOMING DATES

<table>
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<tr>
<th>AUGUST</th>
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<tbody>
<tr>
<td>Thursday 6th</td>
<td>Power FM Breakfast</td>
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<tr>
<td>Friday 7th</td>
<td>P &amp; C Walkathon</td>
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<tr>
<td>Wednesday 19th</td>
<td>Great Aussie Bush Camp</td>
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<td>Year 6 Orientation at Scone High School</td>
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<tr>
<td>Wednesday 26th</td>
<td>Newcastle Permanent Maths Competition</td>
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Yohan Blake off to a great start but look at Usain Bolt flying. Through the pack his legs are pounding, as they get to the first corner Yohan Blake is accelerating but so is Usain Bolt. They are going extremely fast with 50m to go, look at Usain Bolt. He will win, beating his fellow Jamaican, Yohan Blake. But look at them hugging each other; gold, silver and bronze to Jamaica. By Callum D.
Scholastic Book Fair
The Scholastic Book Fair will open in the library on Tuesday 25th August and finish on Thursday 27th August.

Students may purchase books on Wednesday 26th

Book Week Parade & Grandparents Morning Tea

Dress up as your favourite character from a book for the parade on Wednesday 26th August followed by morning tea and a visit to the book fair with nan and pop.

EXTREME READING Photo Competition
To take part in the extreme reading competition - simply photograph yourself reading in an extreme place. Try and think of the most unusual place and take a photo of yourself reading there. One photo entry per person

Bake-a-Book
Choose a book from the library at home or school and make a cake based on that book. Cakes can be dropped off at the library on Tuesday 25th August and judging will take place on Wednesday 26th August
Sorting out conflict together

Van’s friend Eli had come over to play. They played outside for a while and then decided to play a new game on the computer. From the other room Van’s father could hear the sounds of the computer and the boys. They were obviously enjoying the game.


It was getting serious, and Van’s father decided it was time to help them sort it out. “What’s going on, boys?” he asked them. “Nothing,” said Van. “Van won’t let me have a turn,” said Eli. “I’m sure if we talk about this we can work it out,” said Van’s father.

Whether they get into an argument over a game, what to watch on TV, or whose turn it is to clean up, conflicts are common in children of primary school age. Conflict is a normal part of human relationships. Sometimes conflicts blow over, but sometimes they don’t.

Adults may believe it’s best to let children sort things out by themselves. The problem with this is that often children get into conflict because they don’t have the skills to solve it themselves. If left alone the conflict gets bigger. Usually then the person who is louder, stronger or more aggressive wins.

Children do need adult help to solve conflicts. The best way to help them is not to simply tell them what they should do. It works better to act as a ‘coach’ and help children find a solution that suits everybody. When children work out solutions this way, they learn valuable skills that can help them resolve conflicts more effectively. With good coaching they can learn to use the skills of conflict resolution even when you’re not around.

Skills for conflict resolution

The skills needed for effective conflict resolution include skills for managing emotions, as well as thinking skills for problem-solving and communicating with others.

The key conflict resolution skills are:
- being able to control angry or anxious feelings
- learning to listen even when you disagree
- understanding the other person’s opinions and feelings
- being able to think of different solutions
- exchanging ideas with the other person
- ending ‘win-win’ solutions.

How parents and carers can help

Using the steps of conflict resolution to coach children to come to their own solutions helps them learn the skills they need. Learning to resolve conflict successfully takes good coaching and lots of practice.

Unresolved conflicts can spoil friendships and affect children’s confidence. When conflicts are left simmering they can negatively affect children’s mental health and wellbeing.

Coaching children to resolve conflict

Step 1
Help children see conflict as a problem they can sort out fairly, with help, for example: “It looks like there’s a problem here, I’m sure if we talk about it we can sort it out.”

Step 2
Get each child to explain how they see the conflict. Get them to focus on what they want or need, and what their concerns or worries are, rather than blaming the other person.

Step 3
It is often helpful for the coach to then re-state the concerns of both parties, for instance: “So, Eli, you’re worried that you won’t get a turn, and Van, you’re trying to make it to the next level of the game and you’re worried that if you stop now you won’t get to it.”

Step 4
Get children to suggest at least three different solutions, such as: “What are some ways to solve this so you can all feel okay about it?” If they can’t think of any, offer some ideas for them to think about.

Step 5
Help children agree on a solution that will work and put it into action.

Step 6
Praise them for sorting it out.
Cyberbullying: What It Is and How It Works

Cyberbullying is the use of technology to harass, hurt, embarrass, humiliate, and intimidate another person. Students using technology to bully, just like those who bully face-to-face, often look for targets who are vulnerable, socially isolated, or who may not understand social norms.

It can be done anonymously, which makes it easy for one child to hurt another and not be held accountable or see the impact of his or her actions. Because this technology reaches a wider audience than just the person who is targeted, its effects can be devastating.

Cyberbullying can take place in many ways. For example, some young people have created websites or blogs to bully another child, posting embarrassing pictures, private instant messages (IMs), or threatening messages. Such websites can be a powerful tool for students to encourage their peers to “gang up” on another child. Students who do not understand social cues or who are trying to become part of a peer group may mistake this attention for friendship, when it’s in fact the opposite.

A Three-Step Plan to Address Cyberbullying with Your Child

Today’s children are the first generation to use technology to bully each other. Today’s parents are the first who have needed to learn how to address this issue with their children. The following steps are a guide for exploring this topic with your child.

1. Have the “cyberbullying” conversation.
   Now that you know bullying online is a real possibility, initiate a conversation with your child. Bullying can be hard for children to talk about with their parents for many reasons. They might be embarrassed by what is happening, afraid that the bullying will increase if they tell, or think it is their own problem. Cyberbullying can add additional complications. Many students might not interpret the mean and hurtful behaviour that happens on their computer or cell phone as bullying. Children may also worry that they will lose access to their technology if they tell their parents about cyberbullying. As you open the subject for discussion, let your child know that it’s fine to use phones and computers and to be online with friends, but that you also want him or her to be safe from cyberbullying. Explain that if something hurtful is communicated online, it counts as bullying, and that it is important that you know about it.

   If your child does not use social networking sites or other technology, but you are worried that he or she may be a target of cyberbullying, consider seeking help from your child’s peers. Ask a neighbour or someone you trust to watch out for any hurtful messages posted about your child so that you will be aware if cyberbullying is occurring.
2. Set cyber safety rules.
You set safety rules for your child in the physical world. Do the same in your child’s cyberworld. Remind your children that they never really know who is on the other end of cyber communication. It could be the person they think it is, but because they cannot see that person, they should always proceed with caution in their exchanges. With that in mind, two good guidelines are:

1) Don’t do or say anything online that you wouldn’t do or say in person.
2) Don’t reveal anything that you wouldn’t tell a stranger.

Specific advice for your child might include:
• Never share your e-mail password, a photo, or any personal data (such as a physical description, phone number, or address). A bully could use that information to harass you in many ways.
• Never share too many personal details. For example, if you keep an online diary, someone could use that sensitive information to bully or ridicule you.
• Never share your IM account password with anyone, even your best friend. That friend may share it with other people, or the friendship may end — and your private messages could suddenly become very public. A cyberbully with your password can sign on, pretend to be you, and behave inappropriately with others to embarrass and humiliate you.

Remind your children frequently about these rules.

3. Know what your children are doing online.
Privacy is important, but safety is more important. As a parent, you have a responsibility to know what your children are doing online. Establish rules about your access to your children’s cell phones, text history, social networking sites, and other computer accounts that they may use for posting information. Make decisions about passwords, how often you will check the accounts, and how inappropriate information will be handled.

Keep your child’s computer in an open spot, such as the family room, where you can supervise your child’s online activity. Decide if there will be limits on access to using technology to communicate with peers, such as no computer or texting after 9 p.m., during mealtimes, or until homework is done.
If you do discover that your child is being cyberbullied, document it by printing the e-mails or webpages, saving electronic copies, and contacting your child’s school.

Steps to Take if Your Child is Being Bullied Online
If you discover that your child is being cyberbullied:
• Save the URLs of the location where the bullying occurred.
• Document it by printing the e-mails or webpages. This is helpful as sometimes the information is deleted.
• Determine your point of contact at the school for reporting cyberbullying.
• Provide copies of the URLs or printouts to your child’s school.
• Document your correspondence with the school and record the response