PRINCIPAL'S MESSAGE
School holidays are fast approaching; our staff and I would like to wish both you and our students a relaxing and safe holiday. Students return to school on Tuesday 14th July. This is the opportunity for our students and staff to catch up on their rest and recuperate from the many and assorted bugs that have been doing the rounds and come back to school ready for a very busy Term 3.

Reports
Our semester 1 reports will go home with students this Thursday. If you want to discuss any aspect of your child’s report please do not hesitate to contact the school to organise a meeting with your child’s teacher at the beginning of next term.

Zumba
Our yearly Zumba lessons will commence again on Friday 31st July. I would like to thank the P& C for covering the cost of these lessons for our students.

Communication-Email
If you would like your newsletter and other important information emailed to you please supply your email address to the school. Please notify us by using the tear off slip at the end of this newsletter.

Staff Professional Learning
Our teaching staff has the opportunity to attend a fantastic 2 day professional learning workshop on Friday 6th and Saturday 7th of November. As you would appreciate the school cannot afford the cost of employing casual teachers for the Friday and not enough casual teachers are available anyway. To enable all staff to attend I would like to change the professional development day (pupil free day) that is scheduled for Thursday 17th December to Friday 6th November so that all staff can attend this amazing learning opportunity. If you have any objections to this or would like more information about the workshop please contact me.

2 Purple
Mrs Louise Dunn will be going into hospital for major shoulder surgery during this school holiday. She will need a long recuperation period and has made the decision not to return to school this year. I wish Mrs Dunn a speedy recovery. Ms Hannah Hunt will be taking over the teaching role in 2 Purple for the remainder of 2015.

Michelle Floyd - Principal

PRINCIPAL’S AWARDS

Week 10 Term 2
K Yellow Amelia I. – for always doing her very best.
K Lime Sophie W. - intelligent and insightful contributions to discussions about texts.
1 Blue Nikau M. – his brilliant independent story on Hattie and the Fox
2 Purple Jacob B. - fantastic results in English
2/3 Red Toby S. - demonstrating excellent listening skills.
3/4 Magenta Koby S. - reading to the preschoolers with confidence and expression.
4/5 Green Laura K. - showing pride in herself and her school.
5 Orange Bella-Rose P. - consistently displaying respect to all her peers and teachers and being a fantastic role model.
5/6 Black Matt J. – excellent planning and time management of set science fair tasks.
Merit Awards
K Yellow  Eden H.
K Lime  Lilly B.
1 Blue  Emily McM.
2 Purple  Dakota B.
2/3 Red  Madison R.
3/4 Magenta  Tyson C.
4/5 Green  Lila B.
5 Orange  Marley P.
5/6 Black  Hunter D.

Kids Matter Awards
K Yellow  Skye H.  Success
K Lime  Anora D.  Persistence
1 Blue  Connor S.  Honesty
2 Purple  Jordan H.  Resilience
2/3 Red  Jackson D.  Success
3/4 Magenta  Stevie M.  Confidence
4/5 Green  Phoenix M.  Resilience
5 Orange  Sarah M.  Persistence
5/6 Black  Monique D.  Honesty

Merit Badge  Coby L.

BORROWED CLOTHING
During the wet weather last week we had a number of students fall in mud and require clean clothing. We only have a limited selection of items and sizes. Could you please wash and return these items as soon as possible so that we are able to provide clothing to other students as required.

LOST PROPERTY
Lost property can be found in the foyer and clinic. We try to return clothing and items with name labels to their owners. We encourage students and parents to come and look for their lost items as at the end of term all unclaimed items will be washed and either put into our clothing pool or donated to charity.

P & C NEWS
Thank you to everyone who supported the 2 for Tuesday Meal Deal. All profit made goes to helping the P&C purchase new sports uniforms. We have purchased new shirts and bibs for the netballers and will be placing an order for 2 sets of football jerseys. We would also like to order another 3 sets of football jerseys so all age groups are covered.

Trivia Night – Aberdeen Lions Club are holding a mini trivia night for us. We would love you to grab a friend or form a table and come along for a fun evening. Aberdeen RSL Club 25th July 6.30pm. $10 for adults. $5 for students, tables of 8. All profit going to the Mad Food Science Program and sports uniforms.

Walkathon – One of our major fundraisers for the year is our Walkathon. We are encouraging all students to use the holidays to gain some sponsorship; either per lap or a one off donation. We will also be having a meal day on this day. There will be many prizes on offer. Notes will go home tomorrow.

Mad Food Science Program – Notes will be going home this week. This program is a hands on experience for all students. Cost is $4 per student. Please forward your payment to the office.

CANTEEN NEWS
We are all set to start painting the canteen during the first week of the holiday. We are still after 2nd hand toys for the kiddies room especially boys things. Please drop your donations to the canteen or the office. Thank you to everyone who has dropped things off.

K-2 Athletics Carnival
Parents, don’t forget to place your lunch order on Friday if you are coming along to the Infants Athletics carnival. We will have a few extra things available along with all our usual items to purchase on Friday. Please list your child’s class on the order form. Large Pies $3 Small Pies $1.50 Sausage Rolls $2 Poppers $1
We also have the coffee car coming along. So please stop by and say Hi. The van will be located in the top car park. They will be donating 10% back to the P&C.

2016 KINDERGARTEN ENROLMENTS
Kindergarten enrolments are now being taken by Aberdeen Public School for 2016. If your child will be five by 31 July 2016 and you wish to enrol at Aberdeen Public School, please return slip below or contact the office on 6543 7271.

Kindergarten Enrolment 2016:
Child’s Name:  
Date of Birth:  
Parents Names:  
Address:  
Phone No:  

When:  Saturday 25th July 2015
Time:  6.30pm start
Where:  Aberdeen Public School
Cost:  $10 per person - tables of 8.
*To pre purchase your tickets, please call into Aberdeen Public School office.
*All proceeds will go to Aberdeen Public School P&C to help fund the Mad Food Science Program.
Class News

K Yellow
It’s hard to believe it is Week 10 of Term 2, Kindergarten is half way over. We are really looking forward to the K-2 Athletics Fun Day this Friday. This will be starting at 11:30am and running until lunchtime, you are more than welcome to stay for a picnic lunch afterwards.

Could I ask all home readers to please be returned ASAP so that I can do a stocktake on them and get some new ones to start again next term. Formal homework will start for all kindergarten students week one next term, so keep an eye out for that. I hope everyone has a fantastic holiday and gets some well-deserved rest. I look forward to seeing you all again next term.

K Lime
I can’t believe it is Week 10 of Term 2, Kindergarten is nearly over! Students have done very well this term and I have seen some great improvements. Recently we have been working on writing numerals and ensuring they are formed correctly. This is something that is great to practice at home. Today home readers will stop as they need to be collected for the end of term. Please ensure you send them back in. Also do not forget this Friday is the K-2 Athletics Fun Day! We would love to see everyone come and join us for the athletics and stay for a picnic lunch afterwards. Hope to see you then!

1 Blue
Half of the year has gone…wow! This term has flown by way too quickly. There is no homework this week and please remember to return all home readers and library books before Friday 26th June. Thank you to everyone who completed their Science projects. You have all put a lot of effort into these and they look wonderful!

Don’t forget we have out Fun day this Friday 26th June. There will be lots of activities and parents are invited to join us for a picnic lunch from around 1pm. This term, students have enjoyed learning about the Earth’s natural resources and sustainability, how families have changed over time and individuality. This week we are wrapping up our units and revising our maths knowledge of skip counting and volume. We hope you all have a happy and safe holiday. Looking forward to seeing you all back for Term 3!

2 Purple
Welcome to our last newsletter for the term. The children are in need of a well-earned break. 2 Purple will be presenting an item at the Assembly this week and I invite you to come along and enjoy their talents once again.

I would like to congratulate Jordan K. and her family on the birth of Peta as well as Hayden R. and his family on the arrival of Sophia. The birth of a new family member is an exciting time.

This week the students will be continuing to learn about gathering information from a you tube clip about an animal and then using that information to write an information report. Writing paragraphs is an important skill to learn in Year 2 and it is one that we have spent a great deal of time on.

If Term 2 was the term for the creative arts then Term 3 is shaping up to be the term for sport. Zumba and Sports Fun will commence early next term. Year 10 students from St Joseph’s High School will operate a program of building upon the student’s P.E skills. Have a restful holiday!

2/3 Red
What an incredibly busy term we have had in 2/3 Red. I would like to thank all students for their commitment and cooperation this term. The students should be proud of their performances at the Eisteddfod and of course at “The Great Jungle Adventure”. A note has gone home regarding speeches that need to be delivered next term so please have a look at this and begin preparing now.

Also please check with your child to see that they have all equipment for next term. Enjoy your well deserved break.

Regards, Mr Ramage.

3/4 Magenta
It is the last week of Term 2 and 3/4 Magenta are wrapping up our units of work ready to start new ones next term. Thank you to everyone that came and watched our assembly item. While we encountered some stage fright, I think we did a great job and I am very proud of them for their commitment and enthusiasm, especially those who were reluctant to dance and preform in the beginning. I cannot wait to see what they can achieve for their primary performance next semester.

Reminders:
1) Can I please get all home readers returned by Wednesday 24/6.
2) The Great Aussie Bush Camp is next term and the next payment is due this week.
3) Please remember to work on your public speaking speeches over the holidays as they are due to be presented week 2 next term. A note went home about this last week, please contact me if you need another copy.

Have a safe and happy holiday! Renee Jones

4/5 Green
What a busy term we have had and we still have a few days to go!

On Wednesday we will be visiting the pre-school. We are really looking forward to this visit and hope all of the pre-schoolers are as excited as us.

Students from Kinder Lime and Kinder Yellow are coming to visit our class this week to listen to the first drafts of our picture book stories. We are hoping to hear feedback from our audience that will help us to improve our writing and make our stories more appealing to younger students.

A final reminder for the term – Bush Camp Payment Due THIS FRIDAY - $44.

Thank you for a great term. Wishing everyone a safe and relaxing break, see you in term 3.
5 Orange
Wow! What an amazing term we have had. I am so proud of each student and their academic gains.
A HUGE reminder that the Stage 3 Science Fair is on Wednesday. Everybody is welcome - even if your children aren't in Stage 3. This has been a major component of this term's assessment and a personal project for each student. All classes will attend throughout the day, but a special time has been set aside for parents, grandparents, and family friends to come and see each student's presentation. It starts with a welcome by Mrs Floyd at 9:00 and opens shortly after. It's in the hall. Be there!

5/6 Black
What a busy day today! The Science Fair is nearly all set up and ready to go first thing in the morning. Parents are asked to please visit the show between 9:15am and 11:00am. Everyone is welcome to come for a look!

FORTHCOMING DATES

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<td>Friday 7th</td>
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<td>Stage 3 Science Fair</td>
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Have a great break and please stay safe in the holidays! See you all next term.

COMMUNICATION BY EMAIL

If you would like your newsletter and other important information emailed to you please supply your email address to the school.

Name: __________________________
Student Name: __________________ Class: ________
Email address: __________________________

Holiday Fun

Colouring Competition: Prizes Frid 10th July
Poncho Parade: Frid 3rd July
Heronbill Crab Races: Frid 10th July

Wednesday June 24th June 2015
A.P.S. Hall
9:15am-11:00am 11:30am-1:15pm
Parents Welcome  Class Visits & Judging
2:00pm-2:45pm Pack up
Everyone Welcome

Rewarding regular savers with amazing prizes.

We're going all out to reward those who have shown commitment to saving in the past year. For every $100 saved, you'll be entered into a draw to win a prize that could be life-changing. So, start saving today and let's make your dreams come true.

The Vet & Pet Centre Aberdeen
Centre of the Upper Hunter for Medical Surgical and All Pet Supplies

We've got the cutest puppies and gorgeous kittens waiting for you at the Adoption Centre. Visit us today and take home your new best friend!
Everyone gets mad

“Hi Dylan. How was school today?” “All right,” says Dylan, but the way he throws his bag into the car says something different. Dylan gets into the car, roughly pulls off his jacket and manages to elbow his younger brother. “Can’t you be more careful Dylan?” his mother says.

No answer.

Later at home Dylan gets really angry when he finds a favourite toy missing from his shelf. Then when he is asked to turn off the television and help get things ready for dinner, he ignores his mother’s request. When she asks again, he storms off angrily into his bedroom and slams the door.


It’s easy to see that Dylan is pretty angry about something, but it’s hard to tell what it’s about. Did something happen at school? Is he worried about the soccer game coming up on the weekend?

Helping children learn to manage anger

Children’s angry behaviour is often difficult to deal with because it stirs up feelings of anger and annoyance in others. It can also frustrate parents and carers when anger is used to push them away. If you were Dylan’s mum how would you feel? Annoyed? Frustrated? Tense? Angry?

Everyone feels angry at times. Parents and carers can help children learn how to cope with anger in positive ways by teaching them to be aware of feelings, to find appropriate, safe ways to express them, and to identify and solve the problems or frustrations that lead to angry feelings.

Learning skills for understanding and dealing with anger will make it easier for children to solve problems, get help when needed and be more relaxed around others.
How parents and carers can help

Be aware of feelings
Children need to learn that having angry feelings is normal and okay, but that reacting aggressively towards others when they’re angry is not. Adults can help children become aware of feeling annoyed, frustrated, angry or furious by naming feelings. Learning to say, “I’m feeling angry,” or “I’m really frustrated,” gives children a way to separate feeling angry from how they react.

Time to talk
Talking to Dylan about what has put him in an angry mood will help him see that feelings have causes and that solutions can be found. Once you find out what he was angry about you can help him think up better ways to handle the problem.

This kind of conversation doesn’t work while he is really angry. Sometimes it must wait until later. Children often find it easier to talk in informal situations where they feel less pressure. Find a relaxed time to talk to children about feelings. Asking, “What makes you angry?” can be a good way of starting a conversation about anger.

Find alternatives
Getting children to think through a difficult situation helps them develop problem-solving skills. Asking, “Is that what you wanted to happen?” or “What else could you have tried?” encourages children’s helpful thinking. Thinking of alternative solutions helps children plan different ways of reacting next time. Be sure to praise their efforts.

Have ways to calm down
When emotions are strong, it is easy to act without thinking. Encourage your child to take control and allow time for the emotions to subside. Walking away, using a quiet spot to think, or doing something else like riding a bike or listening to music are all activities that can assist in reducing strong emotions.

‘Cool-down’ steps to teach children
1 Recognise that you are angry
   • Notice the body signals that mean you’re angry (eg getting hot, racing heart, tense muscles)
   • Give a number from one to 10 to show how angry you are

2 Cool down your body
   • Breathe slowly
   • Take time-out in a quiet place
   • Go for a walk, do something physical
   • Draw how you feel

3 Use coping self-talk
   • “It’s okay. I can handle this.”

4 Try to solve the problem
   • Talk to someone who is a good listener
   • Plan what to do next time

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au