Principals Message

Gymnastics Program
Gymnastics is a sport that needs specialised equipment and qualified staff to implement. This term we asked the Activate Group to run a gymnastics program for all students. Our goal is that every child participates in the school gymnastic program. If you are experiencing financial difficulty please contact me as I may be able to assist.

This gymnastics program is an extra and is not taking the place of our weekly sports program. All students in Year 2 – Year 6 are practising athletic skills or dance for sport this term.

School Uniform
Our school is a uniform school. The school uniform has been endorsed by our Parents and Citizens Association and all parents are informed on enrolment or during our Early Birds Program (Kinder Orientation) that the wearing of the school uniform is expected.

We have a small supply of second hand uniforms for sale at very low prices. Currently we have a number of skorts, jumpers and jackets available for purchase. New uniforms are available from our P&C Uniform Shop, opening hours are 8.30-9.30am on Fridays.

Classroom Uniform Focus
This term we are focusing on the importance of wearing school uniform each day. Our school uniform has been designed to be comfortable and suited to the variety of activities that our students are involved in each day. As a school community, we are extremely proud of the academic, cultural and sporting achievements of our students and wearing school uniform shows students are proud to be part of Aberdeen Public School.

During this term, classes are focusing on each student’s uniform, in particular that students are wearing appropriate jewellery and the correct shoes and socks. Students who are wearing full school uniform receive a tick each day on their class chart. Students are then rewarded at the end of the week through their class reward system.

We thank you for supporting this valuable school initiative. If you have any further queries please call into the office or ring the school to discuss them.

Allergy Awareness Week – This week

What is Food Allergy? Food allergy now affects 1 in 10 infants* and about 2 in 100 adults. The risk of severe food allergic reactions can sometimes be unpredictable. Some children do outgrow their food allergy. The most common triggers in childhood are egg, milk, peanut and tree nuts. Other common triggers include fish, shellfish, sesame, soy and wheat. Peanuts, tree nuts, seeds and seafood are the major triggers for lifelong allergies. Some food allergies can be severe, causing potentially life threatening reactions known as anaphylaxis.

What is anaphylaxis? Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.

Anaphylaxis is a generalised allergic reaction, which often involves more than one body system (e.g. skin, respiratory, gastro-intestinal and cardiovascular). A severe allergic reaction or anaphylaxis usually occurs within 20 minutes to 2 hours of exposure to the trigger and can rapidly become life threatening.

How to recognise a reaction

Mild to moderate allergic reaction Hives, welts or body redness; Swelling of the face, lips, eyes. Vomiting, abdominal pain, tingling in the mouth.

Severe allergic reaction- ANAPHYLAXIS Difficult/noisy breathing; Swelling of the tongue; Swelling or tightness in the throat; Difficulty talking and/or hoarse voice; Wheeze or persistent cough; Persistent dizziness or collapse; Pale and floppy (in young children). If you suspect a food has caused a reaction, avoid that food, talk with your doctor and have it investigated. If you know you have a food allergy, always avoid that specific food trigger. Always...
have your emergency medication close by as accidents do happen.

If you, your child or someone you care for has a reaction to any food, seek medical advice. If you are worried about a serious reaction, call an ambulance or go directly to hospital.

Michelle Floyd
Principal

P & C News
Thank you to the parents, helpers and teachers who assisted at the Mother’s Day stall and Disco last week. Your help is very much appreciated. These special occasions for the children and fundraising opportunities would not be possible without you.

Please note: A considerable amount of change was left behind at the disco canteen by an unknown student. If you feel this child may have been yours, please contact the school.

The next P&C meeting is to be held on 15th May at 6.30pm in the library. Child minding will be available and everyone is welcome to attend.

Regional Cross Country

Cody P- 41st, Callum D- 28th, Peter C - 49th, Lachie D - 50th

Congratulations to the boys who travelled to Broadmeadow last Friday to compete in the Regional Cross Country. What a wonderful effort by you all.

Congratulations 2DP
‘Dippy’ the scarecrow was awarded second place in the scarecrow competition at the opening of Denman’s community garden on Saturday. Well done 2DP!

Visiting Performance
On Monday 27th May we have a performance for all students at 2pm. ‘Pick a Peck of Pickled Poems’ compliments the curriculum areas of English and Creative and Practical Arts across K-6. Students will engage in an interactive presentation of verse, rhyme and tongue twisters. Permission notes have gone home to all families today and are due back to the office, with payment of $4 per student, by Friday 24th May.

Library News
May is National Reading Month so why not spend some quality family time together, reading.

On the 22nd May at 11am it is National Simultaneous Storytime across Australia. K-6 will be listening to a digital presentation of ‘The Wrong Book’ by Nick Bland, along with 380,000 children at over 2,000 locations across Australia, promoting reading and literacy.

FORTHCOMING DATES

14th – 17th  NAPLAN TESTING  Yr3 & 5
15th May  P&C Meeting
22nd May  School Leadership Conference
27th May  Visiting Performance
5th June  SHS Orientation Day
14th June  Walk-a-thon
20th June  School Photos

2014 Ratio Change petition
The NSW Family Day Care Association has liaised with an online petition. This petition is targeted at state and federal members of parliament to postpone the ratio change for family day care for at least 2 years, until research has been carried out. You can sign this petition online. It only takes a minute!

Please share the link to the petition far and wide. Get your family, friends and social network on board! We need 10,000 signatures to really make a difference. Go to http://www.gopetition.com/petitions/save-nsw-family-daycare-ratios-in-2014.html.

3/4P Enjoying Gymnastics